

# Medical IDs for Diabetes



# Why Medical IDs are Important for those living with Diabetes

Hypoglycemic episodes can happen anytime, just as any other form of medical emergencies which may or may not be related to having diabetes. Regardless of the type of emergency situation, emergency medical personnel are trained to look for a medical ID, especially when caring for someone who can't speak for themselves.

**A Diabetes medical ID can explain symptoms to responders, police officers, and medical personnel**

A drop in your blood sugar can make you feel confused, distressed, and even make you pass out. Unfortunately, these same side-effects are similar to alcohol or drug intoxication. Having a medical ID for diabetes instantly provides first responders with critical information on your condition and allows them to provide you with the proper emergency care that you need.





# The most common **types of Diabetes**

The main types of diabetes are type 1, type 2, and gestational diabetes. There are also other types of diabetes that are caused by other factors, such as genetics, disease, or medications.

## **Type 1 Diabetes:**

- The body's immune system attacks the pancreas, preventing it from producing insulin
- Usually diagnosed in children and young adults, but can appear at any age
- People with type 1 diabetes need to take insulin daily
- Symptoms can develop quickly, and can include weight loss

## **Type 2 Diabetes:**

- The body's cells don't use insulin properly
- The most common type of diabetes
- Risk factors include being overweight or obese, and having a family history of the disease
- Symptoms can develop slowly, and can include pain or numbness in the feet
- Discolored patches of skin in the armpits and neck may appear

# Why a Medical ID is Important

If your blood sugar levels drop extremely low (hypoglycemia), you could become unable to speak. You might get lost or pass out as a result of confusion or faintness. **A medical ID bracelet alerts emergency providers that you have diabetes, allowing them to start treatment as soon as possible.**

Without a medical ID, first responders might not know that you have diabetes. They might think that your confusion or unconsciousness is due to alcohol consumption or drug use. This could delay lifesaving treatment and put your health at risk.

This also allows emergency providers to quickly check your blood sugar levels. If they're low, they can treat you right away. This can help prevent serious complications, such as seizures or coma.





# Traveling with Diabetes

Diabetes should not stop those with a passion for travel and adventure; just follow the [American Diabetes Association's travel tips](#) including wearing your medical ID. Always ensure that you or your loved one is wearing a diabetes bracelet at all times, especially before leaving the house.

If necessary, pack an extra bracelet during special trips, particularly if you will be traveling alone or leaving town. Always wear the bracelet where it can be spotted easily and avoid taking it off. New styles and designs won't cramp your style and it can mean the difference between living a healthy life and suffering major medical consequences.



# What to Engrave

A medical ID for diabetes can inform healthcare professionals about the type of diabetes you have and other essential details related to your condition. Diabetes management varies widely—some individuals use insulin pumps, take specific medications, or have other medical considerations. Wearing a custom-engraved bracelet or necklace ensures your medical ID provides accurate, up-to-date information, which can be crucial in an emergency.

**Here are some of the most important items to put on a diabetes medical ID:**



**Name**



**Type of Diabetes**



**Additional Medical Information**

Include Implanted devices such as a CGM, allergies, or any other conditions medical professionals should be aware of



**Diabetes Medications**

Including tablets, injections, and insulin



**Emergency Contact**

Their name and phone number



# Tips for purchasing a Medical ID

Since you'll be wearing your medical ID every day, consider the following factors before deciding which medical ID bracelet or necklace is for you.

- **Bracelet vs. Necklace:** the most common choice for a medical ID is a bracelet. Both options will protect you in an emergency, so select what is your preferred medical jewelry type to match your lifestyle.
- **Select the metal type and style you want for your medical ID.** We offer many styles in stainless steel, sterling silver, titanium, gold-filled, and 14 Kt gold, so you can select the best option for you.
- **Consider adding [MyIHR](#) (My Interactive Health Record) to your medical ID.** MyIHR is an online health record you control with your latest health information, such as conditions, medications, emergency contacts, and much more. Supplement your custom-engraved medical ID with a complete MyIHR profile to include all the important details about your health for a first responder in an emergency or when you need to reference your information for a doctor's appointment.

# Contact

americanmedical-id.com  
800.363.5985

[Shop Best-Selling IDs](#)

